

## LIST OF YOGA SUB CENTRES UNDER AYUSH

Sr. No.	Name	School/ Health & Wellness Center	Timings	Mobile No.
1	Sachin	CJA Sector 43	6:00am to 7:00am	9812222516
2	Manan Seth Kumra	GMSSS, Sector 35-D	5:30am to 6:45am	9815819885
3	Geeta Kumari	GMHS, Sector 43-A	4:00pm to 5:00pm	9888895742
4	Parvinder Singh Kohli	GMSSS, Sector 44 B	5:00am to 6:00am	9888510453
5	Maina Rani	GSSS, Sector 45	4:30pm to 5:30pm	9815867792
6	Rajveer Kaur	GMHS, Sector 48 C	6:30am to 7:30am	8427327742
7	Sapna	GMHS, 49-D	5:15am to 6:30am	9501511714
8	Kiran Sharma	GMSSS, Sector 8 B	5:45am to 6:45am	9463188496
9	Veena Masown	GMSSS, Sector 10	6:15am to 7:15am	9872727399
10	Arti Tiwari	GMSSS, Sector 15 C	4:00pm to 5:00pm	9855594747
11	Kamaldeep Kaur	GMSSS, Sector 16 D	6:30am to 7:30am	8699848341
12	Manish	Vatika School Sector 19-B	11:00am to 12:30pm	9464507141
13	Jyoti	GGMSSS, Sector 20-B	6:30am to 7:30am	9646079956
14	Rattan jot Kaur	GHS, Sector 24-A	5:45pm to 7:15pm	7696546914
15	Amit Kumar	GHS, Sector-25, Chd	6:15am to 7:15am	9646214470
16	Mandeep Lal	GMSSS, Sector 37-B	6:00am to 7:00am	8699142573
17	Arti Takhar	GMSSS, Sector 37-D	5:15am to 6:15am	9780898949
18	Varinder Singh	GMHS 38-D	5:30am to 7:00am	9888520754
19	Harwinder Singh	GMSSS, Sector 39-C	5:30pm to 6:30pm	9855123570
20	Ved Parkash Sachdeva	GMSSS, Sector 40-B	5:30am to 6:30am	9646956539
21	Koma Devi	GMHS, Sector 41-A	5:30am to 6:30am	7696149518
22	Geeta Devi	GSSS Sector 32-C	5:00pm to 6:00pm	9915764706
23	Loveleen Kaur	GMSSS, Sector 33	5:00pm to 6:00pm	9501690772
24	Mandeep Kaur	GMHS, Sector 34 C	4:00pm to 5:00pm	9646466177
25	Rupinder Kaur	GMSSS, Sector 46	4:00pm to 5:10pm	9041913489
26	Kulwant Singh	GMSSS, Sector 47-D	5:00pm to 6:00pm	9815867792
27	Gursimran Singh	GMSSS, Kaimbwala	6:30am to 7:30am	9569485005
28	Suman	GMSSS, Karsan	6:00am to 7:00am	9780906057
29	Arti	GHS Hallomajra, Chandigarh	6:00am to 7:00am	7986320426
30	Bijender Singh	GMSSS, Sector 19-C	5:00pm to 6:00pm	9466274677
31	Pooja Baghel	GMSSS, Sector 26 (TM)	5:30pm to 6:30pm	7009650664
32	Ashu Partap Ruhela	GMSSS, Sector 27 C	5:30am to 6:30am	7888647160
33	Anita Devi	GMSSS, Sector 28 D	5:30am to 6:30am	8427992581
34	Rakesh Kumar Verma	GMHS, Pocket 8, Manimajra	6:00pm to 7:00pm	9780191497
35	Kavita Khurana	GSSS, Manimajra Town	5:30am to 6:30am	7837725929
36	Parveen Kumari	GMSSS, MHC MM	5:30am to 6:30am	9878321672
37	Vineet Bidlan	GMHS, Vikas Nagar-Mauli Jagra	4:00pm to 5:00pm	8054862721
38	Priya	HWC-Sector -20 Chandigarh	1:00pm to 2:00pm	7508680734
39	Upender Parsad Badoni	HWC -Sector 38 Chandigarh	10:45am to 12:00noon	9876511989
40	Kavita	HWC -Village Behlana	6:00am to 7:00am	8727867400
41	Mohan Singh	HWC -Dadumajra	1:00pm to 2:00pm	9988613989
42	Babli Kumari	HWC -Village Dariya.	6:00am to 7:00am	8699145354
43	Paras Saini	HWC -Village Dhanas	4:30 pm to 5:30 pm	9896888006
44	Pooja Bawa	HWC -Dhanas	12:00pm to 01:00pm	9877524288
45	Tashi Dolker	HWC -Village-Khuda Lahora	10:00am to 11:00am	8968371857
46	Ravinder Kumar	HWC-Maulijagran	6:00am to 7:00am	7986780502
47	Monika Swan	HWC -Village Mauli.	9:30am to 10:30am	8557973072